



ARCHBISHOP M.C. O'NEILL CATHOLIC HIGH SCHOOL



2026 TITANS WRESTLING CLASSIC

GENERAL INFORMATION:

Date: Friday, January 16, 2026 5:00 p.m. – Completion
Saturday, January 17, 2026 9:00 a.m. – Completion

Venue: Archbishop M.C. O'Neill Catholic High School
134 Argyle Street, Regina, SK
Please use North Parking lot doors - between church and High School

Divisions: High School Elite Male & Female // Novice Male and Female

Eligibility: Only athletes who are currently eligible to compete at their provincial high school championships are allowed to compete. High school teams only.

Entry Fee: \$25.00 per athlete (\$10 additional if wrestling both divisions)

PREREGISTRATION

Please go to <https://tinyurl.com/titanswrestlingclassic> to let us know that your team is coming this year and how many Elite and Novice athletes you expect to have! Thank you in advance!

Med. Info: Please ensure a thorough skin check is completed on the athletes prior to the competition. An athlete may be pulled out of the tournament if a skin problem is detected.

Gate: A nominal fee will be charged to spectators and parents at the gate.

Canteen: Canteen will be available throughout the day.

Lunch: Lunch will be provided for all coaches and advisors on Saturday.

Rules: Current WCL/UWW rules will be in place with SHSAA modifications

TOURNAMENT SCHEDULE

The tournament schedule will follow the structure of the past two years:

January 16th (5:00pm) – **NOVICE** begins (approx. three rounds)

January 17th (9:00am) – **NOVICE** continues until completion

January 17th (8:15-8:45am) – **ELITE** RED DOT Weight Check (1kg allowance)

ELITE tournament to follow novice after a short warm-up break

Tournament Director: Rob Nelson (Email Preferred)
(w) 306-791-7240
(c) 306-529-8000 (call or text)
r.nelson@rcsd.ca



High School *ELITE* Division

Eligibility:

Elite is mainly for athletes with more than a year of experience and good rookies. If an athlete meets any of the following criteria they **MUST** compete in the elite competition and cannot compete in the novice competition.

1. They are currently a grade 11 or 12 student with 1 or more years of wrestling experience.
2. They placed in the top 4 at last year's high school provincial championships.

NOTE: We understand there are extenuating circumstances at times, so coaches, we trust you to use your best judgment on the division to enter your athletes in.

If there is a question on what division, please err on the side of bumping them up to elite.

Weigh-Ins:

- Weigh-in information must be input into "TrackWrestling" online program **by 8:00PM on Thursday, January 15th**. There will be an email sent to all coaches with link, username/password and instructions for "TrackWrestling."
- The draw will be made available late Thursday night or early Friday morning. Please review and let us know about any issues.

Weight Classes:

Male: 41, 44, 47, 50, 53, 56, 59, 62, 65, 69, 73, 77, 82, 90, 100, 115, 130 & 130+
Female: 44, 47, 50, 53, 56, 60, 64, 68, 73, 80, 90, 105, 105+

Red Dot Weight Checks (ELITE ONLY):

- One athlete from each team will be randomly selected to participate in the Red Dot weight checks (posted in the morning). Athletes who are involved in the weight check will be required to check weight with a 1kg allowance.
- If the athlete misses weight, their team will be required to weigh-in.
- Any athlete that proceeds to miss weight (w/ the 1kg allowance) will be required to move up to the appropriate weight class. Athletes will not be removed from the competition

Awards:

"TOURNAMENT CHAMPION" T-Shirts will be presented to the winners of each weight class

Medals will be presented to the 1st, 2nd and 3rd place athletes in each weight class

Tournament MVP awards for Male & Female division

High School *NOVICE* Division

Eligibility:

The novice division is for mainly 1st year wrestlers and very inexperienced 2nd year wrestlers.

NOTE: We understand there are extenuating circumstances at times, so coaches, we trust you to use your best judgment on the division to enter your athletes in.

If there is a question on what division, please err on the side of bumping them up to elite.

Weigh-Ins:

- Weigh-in information must be input into "TrackWrestling" online program **by 8:00PM on Thursday, January 15th**. There will be an email sent to all coaches with link,
- The draw will be made available late Thursday night or early Friday morning. Please review and let us know about any issues.

Weight Classes:

Athletes will be placed in pools of 5 or 6 according to scratch weight.

Awards:

Medals will be presented to the Winner of each pool

SCRATCHES:

All scratches submitted to the drawmasters (sawoa.pm@gmail.com) by Friday, January 16th at 12:00PM will be **fully refundable**. Any scratches after that are **non-refundable**.