




# 2026 SOUTH SASK HIGH SCHOOL WRESTLING CHAMPIONSHIPS

A.E. Peacock Collegiate Moose Jaw, Sk  
145 Ross st East, Moose Jaw, Sk

Saturday Feb 7th 9am - Completion

<p><b>Intent to Participate</b></p>	<p>Please submit your team's intent to participate by January 24th to receive the official tournament registration link. <a href="https://mjonline.wufoo.com/forms/intent-to-participate-shsaa-r1bewcij1dc9m13">https://mjonline.wufoo.com/forms/intent-to-participate-shsaa-r1bewcij1dc9m13</a></p> 
<p><b>Registration</b></p>	<p>The Registration deadline is <b>Feb 5th 2026</b> Entry fees are <b>\$20.00</b> per athlete All scratches after Feb 6th, 2026 (7:00 pm) are NON-REFUNDABLE. Invoices will be emailed out Feb 6th at 7pm 1. Send E-transfer along with team name &amp; Invoice# prior to event to: <a href="mailto:southsaskwrestling@gmail.com">southsaskwrestling@gmail.com</a> 2. Pay with a cheque prior to the event made out to : <b>Moose Jaw Wrestling</b></p>
<p><b>Weigh-Ins &amp; Skin Checks</b></p>	<p>Must be conducted by the head coach, a certified provincial official or a school administrator.</p>
<p><b>Divisions &amp; Weight Categories</b></p>	<p>To ensure the tournament runs efficiently and without delays, the Grade 9 &amp; 10 participants must choose between the Novice or Elite division, while all Grade 11 &amp; 12 athletes are required to compete in the Elite division. Both categories will compete simultaneously to streamline the event flow and ensure every participant competes in their designated category.</p> <p><b><u>Novice Male</u></b> (Grade 9 or 10) 41, 44, 47, 50, 53, 56, 59, 62, 65, 69, 73, 77, 82, 90, 100, 115, 130, 130+kgs <b><u>Novice Female</u></b> (Grade 9 or 10) 44, 47, 50, 53, 56, 60, 64, 68, 73, 80, 90, 105, 105+ kgs <b><u>Elite Male</u></b> (Grade 9 to 12) 41, 44, 47, 50, 53, 56, 59, 62, 65, 69, 73, 77, 82, 90, 100, 115, 130, 130+kgs <b><u>Elite Female</u></b> (Grade 9 to 12) 44, 47, 50, 53, 56, 60, 64, 68, 73, 80, 90, 105, 105+ kgs</p>
<p><b>Red Dot</b></p>	<p>The Red Dot System will be implemented on the morning of the tournament, between <b>7:30 AM and 8:15 AM</b>. One athlete from each team will be randomly selected for weigh-in and will be granted a 1 kg allowance within their registered weight class. A List of the athletes selected will be posted in the Gym at <b>7:30 AM</b></p> <p><b>**For example, if a Female athlete is registered in the 56 kg weight class, she must weigh 57.00 kg or less to comply with the allowance.</b></p> <p><b>Procedures for Non-Compliance:</b></p> <ul style="list-style-type: none"> <li>• If the selected athlete exceeds the 1 kg allowance, all athletes from their team will be required to weigh in.</li> <li>• Any athlete who does not meet the 1 kg allowance will be moved to the appropriate weight class.</li> <li>• Athletes will not be disqualified from the tournament but must compete in their correct weight category.</li> </ul>
<p><b>Number of Mats</b></p>	<p>6 Competition mats</p>

<b>Awards</b>	Medals for 1st	
<b>Contact</b>	Rob Villeneuve	(306) 693-3867 <a href="mailto:southsaskwrestling@gmail.com">southsaskwrestling@gmail.com</a>

## COACHES' BRIEFING

This information serves as the official COACHES' BRIEFING for the Annual High School South Saskatchewan Wrestling Championships, scheduled for this Saturday, February 7th.

If you have any questions, please feel free to reach out to Rob (306-693-3867) or on the Facebook "Saskatchewan Wrestling Coaches Forum".

### Event Guidelines

- Coaches' Registration:** It is mandatory for all attending coaches to register **FREE** as a "Coach" on TrackWrestling.
- Schedule:** The gym opens for team arrival and warm-ups at 7:30 AM. The tournament starts promptly at 9:00 AM and will continue until all matches are completed.
- Facility Rules (New Floor):** Due to the new gymnasium floor, **outdoor shoes are not permitted inside the gym**. Please bring a separate, clean pair of indoor athletic shoes to wear.
- The Red Dot System** will be implemented on the morning of the tournament, between 7:30 AM and 8:15 AM. One athlete from each team will be randomly selected for weigh-in and will be granted a 1 kg allowance within their registered weight class.  
  
**\*\*For example**, if a Female athlete is registered in the 56 kg weight class, she must weigh 57.00 kg or less to comply with the allowance.

#### **Procedures for Non-Compliance:**

- If the selected athlete exceeds the 1 kg allowance, all athletes from their team will be required
- Any athlete who does not meet the 1 kg allowance will be moved to the appropriate weight
- Athletes will not be disqualified from the tournament but must compete in their correct weight category.

**5. Food and Drink:** Outside food and drinks are not permitted. A fully stocked canteen will be available on-site for purchases.

**6. Admission:** The admission fee is \$5. Children 12 and under are free.

**7. Officials' Breaks:** Officials will take rotating lunch breaks on each mat to ensure continuous competition.

**8. Pooling Athletes:** Weight classes with five or fewer wrestlers will be grouped into pools to ensure more matches.

**9. Medals:** Athletes who place first in their division may collect their medals at the main table about 20 minutes after their final match is completed.

**10. Exhibition Matches:** Exhibition matches are subject to time availability. Any such matches must be arranged by the coaches.

Safe travels to everyone!

Click on the link below to book at one of the Moose Jaw Partner Hotels

<https://www.visitmoosejaw.ca/book-with-us>

Comfort Inn and Suites

Quality Inn and Suites

Grant Hall Hotel

Temple Gardens Hotel and Spa

