

## Cobra Classic Wrestling Rookie and Open

**The information provided in this document may change at any time based on provincial and school guidelines.**

<b>Date and Time</b>	<b>High School Rookie Boys/Girls</b> Friday, Jan. 30th, 2026 from 4 pm - completion <b>High School Open Boys</b> Saturday, Jan. 31st, 2026 from 9:00 am - 1:00 pm <b>High School Open Girls</b> Saturday, Jan. 31st, 2026 from 2:00 pm - completion
<b>Location</b>	Rundle College Jr. Sr. High School 7375 17th Avenue SW Calgary, Alberta T3H 3W5
<b>Weigh-in</b>	Coaches will perform home weigh-ins on Tuesday, January 27th. BOTH the High School <b>OPEN and ROOKIE</b> will be a bracketed tournament using ASAA weight classes. . Coaches and athletes are welcome to organize exhibition matches for additional experience.
<b>Entry Fee</b>	\$25.00 per wrestler if wrestling one tournament and \$40.00 if wrestling two tournaments. Please make cheques payable to <b>Rundle College</b> .
<b>Registration</b>	Once pre-registrations are received a link will be emailed to you for you to register your team. See complete pre-registration and registration procedures. Wrestlers must wrestle for and be registered with their high school.
<b>Medical</b>	Please do not enter athletes with any type of skin infection. We reserve the right to refuse any athlete from competing with a skin infection. There will be a skin check on the mat performed by referees. Wrestlers are asked to stay home if sick and to use proper hand hygiene and respiratory etiquette.  Athletic Therapists will be on-site to tend to athlete injuries. Please bring your own athletic tape.

**Divisions: BOYS and GIRLS ROOKIE and OPEN High School**

ASAA weight classes will be used for a bracket tournament (1 kg allowance)

**MALE:** 44, 47, 50, 53, 56, 59, 62, 65, 68, 72, 76, 82, 90, 98, 108, 120, 120+kg

**FEMALE:** 44, 47, 50, 53, 57, 61, 65, 70, 75, 82, 90, 90+kg.

**NOTE:** Each weight listed represents the upper limit of the weight class. Weight classes above 120+ male and 90+ female will be added if required. The first increment will be 135kg male and 100kg female with additional increments in 15 kg steps male and 10kg steps female.

What is a Rookie?

- Grade 10 & 11 who are new to high school wrestling
- Grade 12 should not take part in the rookie divisions unless there is a special circumstance. Please contact me if you have a question or concern.
- Athletes with previous Jr. High wrestling experience but new to high school are a rookie.
- Gr. 10 club athletes with vast experience and success (e.g., an age class national champion) will wrestle in the open division.

**Awards** Medals for 1st, 2nd, and 3rd place in all categories.  
Team 1A/2A, 3A/4A and 5A Champions Award

**Rules** School Sport Alberta (SSA) Senior High School Rules.  
All athletes must be registered under their high school and with the SSA.  
Matches will be 2 rounds of 2 minutes run time for the **ROOKIE**. Matches will be 2 rounds of 3 minutes run time for the **OPEN**.  
Wrestlers will be given 10 minutes between matches as needed.  
Wrestlers will forfeit their bout if they DO NOT report to their match on time.

**Concession** The school cafeteria will be open both Friday and Saturday.

**Coaches & Officials Room** Coaches/Officials room provided  
\*\*\*The coaches room is for coaches, officials & volunteers only.  
Your children are welcome in the coaches room but must be supervised.

**Hotel Information Only:** these are not official tournament hotels.

Days Inn by Wyndham Calgary Northwest (12 MIN)  
4420 16th Ave North West, Calgary  
403-288-7115

Four Points by Sheraton (13 MIN)  
8220 Bowridge Crescent NW, Calgary  
403-288-4441

Best Western Village Park Inn (15 MIN)  
1804 Crowchild Trail NW, Calgary  
403-289-0241

Holiday Inn Express & Suites (15 MIN)  
2373 Banff Trail NW, Calgary  
587-390-6100

Sandman Hotel & Suites Calgary West (13 MIN)  
125 Bowridge Dr. NW, Calgary  
403-288-6033

**Restaurants nearby:** Aspen Landing & Signal Hill: Edo Japan, Extreme Pita, Freshii, Mucho Burrito, Imperial Shawarma, Original Joe's, Panago Pizza, Subway, Wok Box Fresh Asian Kitchen, Belmont Dinner, The Keg, Meltwich Food Co., Swiss Chalet, Kinjo Sushi & Grill, Earl's, Tuk Tuk Thai, National Westhills, Famoso Italian Pizzeria

**Tournament Contact:** Attila Kasap – Rundle College  
Phone: 250-7180 ext. 4016  
Cell - 403-690-6184  
E-mail: [kasap@rundle.ab.ca](mailto:kasap@rundle.ab.ca)

## TOURNAMENT REGISTRATION STEPS

### 1. Pre-Registration

E-mail Attila Kasap at [kasap@rundle.ab.ca](mailto:kasap@rundle.ab.ca) with your intent to participate and the following information by **Thursday, January 15th**. This will help confirm the number of schools and athletes for planning.

1. School name.
2. Number of high school athletes, male & female for Friday Rookie.
3. Number of high school athletes male & female for Saturday Open.
4. Number of coaches attending and any food allergies.
5. Cell phone contact for head coach/ team leader.

### 2. Registration and Weigh-in

After the Pre-Registration deadline, a registration link will be sent to you to register your team on Track Wrestling. Registrations are **due by Tuesday, January 27th, 8:00 pm**

HIGH SCHOOL ROOKIE and OPEN (1 kg allowance)

Weight Classes: **MALE:** 44, 47, 50, 53, 56, 59, 62, 65, 68, 72, 76, 82, 90, 98, 108, 120, 120+kg

**FEMALE:** 44, 47, 50, 53, 57, 61, 65, 70, 75, 82, 90, 90+kg.

**NOTE:** Each weight listed represents the upper limit of the weight class. Weight classes above 120+ male and 90+ female will be added if required. The first increment will be 135kg male and 100kg female with additional increments in 15kg steps male and 10kg steps female.

**SCRATCH DEADLINE: THURSDAY, JAN. 29th at 5:00 PM** After this time, no refunds for no-shows at the tournament.

**PLEASE see tournament schedule below on the next page #5**

# Cobra Classic Wrestling Rookie and Open Tournament Schedule

**Friday, Jan. 30th**

<b>SESSION 1 – ROOKIE HIGH SCHOOL Male and Female</b>	<b>All Weights</b>
Mats Open for Warm-Up	3:00 pm – 4:00 pm
Wrestling Tournament	4:00 pm – completion

**\*\*Classes are still in session - do not arrive before 2:00 pm\*\***

**Saturday, Jan. 31st**

<b>SESSION 2 – HIGH SCHOOL MALE OPEN</b>	<b>All Weights</b>
Mats Open for Warm-Up	8:00 am – 9:00 am
Wrestling Tournament	9:00 am – 1:00 pm

**LUNCH BREAK    1:00 pm – 2:00 pm**

<b>SESSION 3 - HIGH SCHOOL FEMALE OPEN</b>	<b>All Weights</b>
Mats Open for Warm-Up	1:15 pm – 2:00 pm
Wrestling Tournament	2:00 pm – completion

**\*\*\* Please note times may be adjusted depending on pre-registration numbers.**