

Lethbridge Wrestling

Green and Gold JR Tourney

- DATE:** Saturday December 6th, 2025
- VENUE:** 1st Choice Savings Centre for Sport & Wellness
University of Lethbridge - 23 Pronghorn Way West
- ENTRY FEE:** \$30.00/wrestler – cash, *cheque (payable to Lethbridge Amateur Wrestling Association) or e-transfer (paylawwa@gmail.com)*
- LETTER OF INTENT:** Please e-mail a letter of intent by November 15th to alan.hansen70@gmail.com if your team wishes to attend our tournament. In the e-mail, please include your team's name, # of males and #of females that are planning to attend.
- WEIGH-INS:** At home weigh-in Wednesday December 3rd, before 9:00 PM
- ENTRY PROCEDURE:** Coaches will be responsible for entering athletes directly into TrackWrestling, before Wednesday December 3rd, 9:00 PM
Please contact Jane burns at aawofficials@gmail.com for TrackWrestling registration Link.
- WEIGHT CLASSES:** Alberta Winter Games Weight Divisions will be use.
This tournament will determine Zone 1 representatives and they will be required to weigh-in after the event to confirm their placement on the zone 1 team.
MALE: 34-37, 40, 43, 47, 51, 55, 60, 65, 70, 76, 83, 83-95kg
FEMALE: 39-42, 46, 51, 56, 60, 65, 72, 80kg
- WRESTLING TIMES:** **9:00am wrestling starts**
- AWARDS:** Medals for 1st, 2nd, and 3rd in each category.
- SKIN CHECKS:** Skin checks will be done on the coach's honour, and we reserve the right to remove any athlete that competes with a skin infection. Medical staff will be on site, to make the final decisions.
- TOURNAMENT RULES:** Wrestling Canada Lutte Bantam Rules (BORN 2011-2013)