

# Cobra Classic Wrestling Rookie and Open

The information provided in this document may change at any time based on provincial and school guidelines.

Date and Time High School Rookie Boys/Girls Friday, Jan. 30th, 2026 from 4 pm - completion

**High School Open Boys** Saturday, Jan. 31st, 2026 from 9:00 am - 1:00 pm **High School Open Girls** Saturday, Jan. 31st, 2026 from 2:00 pm - completion

**Location** Rundle College Jr. Sr. High School

7375 17th Avenue SW Calgary, Alberta T3H 3W5

**Weigh-in** Coaches will perform home weigh-ins on Tuesday, January 27th.

BOTH the High School **OPEN and ROOKIE** will be a bracketed tournament using ASAA weight classes. . Coaches and athletes are welcome to organize

exhibition matches for additional experience.

**Entry Fee** \$30.00 per wrestler if wrestling one tournament and \$45.00 if wrestling two

tournaments. Please make cheques payable to Rundle College.

**Registration** Once pre-registrations are received a link will be emailed to you for you to

register your team. See complete pre-registration and registration procedures.

Wrestlers must wrestle for and be registered with their high school.

**Medical** Please do not enter athletes with any type of skin infection. We reserve the right

to refuse any athlete from competing with a skin infection. There will be a skin check on the mat performed by referees. Wrestlers are asked to stay home if sick

and to use proper hand hygiene and respiratory etiquette.

Athletic Therapists will be on-site to tend to athlete injuries. Please bring your

own athletic tape.

#### Divisions: BOYS and GIRLS ROOKIE and OPEN High School

ASAA weight classes will be used for a bracket tournament (1 kg allowance)

**MALE**: 44, 47, 50, 53, 56, 59, 62, 65, 68, 72, 76, 82, 90, 98, 108, 120, 120+kg

**FEMALE**: 44, 47, 50, 53, 57, 61, 65, 70, 75, 82, 90, 90+kg.

**NOTE:** Each weight listed represents the upper limit of the weight class. Weight classes above 120+ male and 90+ female will be added if required. The first increment will be 135kg male and 100kg female with additional increments in 15 kg steps male and 10kg steps female.

What is a Rookie?

- Grade 10 & 11 who are new to high school wrestling
- Grade 12 should not take part in the rookie divisions unless there is a special circumstance. Please contact me if you have a question or concern.
- Athletes with previous Jr. High wrestling experience but new to high school are a rookie.
- Gr. 10 club athletes with vast experience and success (e.g., an age class national champion) will wrestle in the open division.

**Awards** Medals for 1st, 2nd, and 3rd place in all categories.

Team 1A/2A, 3A/4A and 5A Champions Award

**Rules** School Sport Alberta (SSA) Senior High School Rules.

All athletes must be registered under their high school and with the SSA.

Matches will be 2 rounds of 2 minutes run time for the **ROOKIE**. Matches will

be 2 rounds of 3 minutes run time for the **OPEN**.

Wrestlers will be given 10 minutes between matches as needed. Wrestlers will forfeit their bout if they DO NOT report to their

match on time.

**Concession** The school cafeteria will be open both Friday and Saturday.

Coaches & Officials Room

Coaches/Officials room provided

\*\*\*The coaches room is for coaches, officials & volunteers only.

Your children are welcome in the coaches room but must be supervised.

**Hotel Information Only:** these are not official tournament hotels.

Days Inn by Wyndham Calgary Northwest (12 MIN) 4420 16th Ave North West, Calgary 403-288-7115

Four Points by Sheraton (13 MIN) 8220 Bowridge Crescent NW, Calgary 403-288-4441

Best Western Village Park Inn (15 MIN) 1804 Crowchild Trail NW, Calgary 403-289-0241 Holiday Inn Express & Suites (15 MIN) 2373 Banff Trail NW, Calgary 587-390-6100

Sandman Hotel & Suites Calgary West (13 MIN) 125 Bowridge Dr. NW, Calgary 403-288-6033

**Restaurants nearby**: Aspen Landing & Signal Hill: Edo Japan, Extreme Pita, Freshii, Mucho Burrito, Imperial Shawarma, Original Joe's, Panago Pizza, Subway, Wok Box Fresh Asian Kitchen, Belmont Dinner, The Keg, Meltwich Food Co., Swiss Chalet, Kinjo Sushi & Grill, Earl's, Tuk Tuk Thai, National Westhills, Famoso Italian Pizzeria

**Tournament Contact:** Attila Kasap – Rundle College

Phone: 250-7180 ext. 4016 Cell - 403-690-6184 E-mail: kasap@rundle.ab.ca

## TOURNAMENT REGISTRATION STEPS

#### 1. Pre-Registration

E-mail Attila Kasap at <u>kasap@rundle.ab.ca</u> with your intent to participate and the following information by Thursday, January 15th. This will help confirm the number of schools and athletes for planning.

- 1. School name.
- 2. Number of high school athletes, male & female for Friday Rookie.
- 3. Number of high school athletes male & female for Saturday Open.
- 4. Number of coaches attending and any food allergies.
- 5. Cell phone contact for head coach/ team leader.

#### 2. Registration and Weigh-in

After the Pre-Registration deadline, a registration link will be sent to you to register your team on Track Wrestling. Registrations are due by Tuesday, January 27th, 8:00 pm

HIGH SCHOOL ROOKIE and OPEN (1 kg allowance)

Weight Classes: MALE: 44, 47, 50, 53, 56, 59, 62, 65, 68, 72, 76, 82, 90, 98,108, 120, 120+kg

**FEMALE**: 44, 47, 50, 53, 57, 61, 65, 70, 75, 82, 90, 90+kg.

**NOTE:** Each weight listed represents the upper limit of the weight class. Weight classes above 120+ male and 90+ female will be added if required. The first increment will be 135kg male and 100kg female with additional increments in 15kg steps male and 10kg steps female.

SCRATCH DEADLINE: THURSDAY, JAN. 29th at 5:00 PM After this time, no refunds for no-shows at the tournament.

PLEASE see tournament schedule below on the next page #5

# Cobra Classic Wrestling Rookie and Open Tournament Schedule

### Friday, Jan. 30th

| SESSION 1 – ROOKIE HIGH SCHOOL Male and Female | All Weights          |
|--|----------------------|
| Mats Open for Warm-Up                          | 3:00 pm – 4:00 pm    |
| Wrestling Tournament                           | 4:00 pm – completion |

\*\*Classes are still in session - do not arrive before 2:00 pm\*\*

# Saturday, Jan. 31st

| SESSION 2 – HIGH SCHOOL MALE OPEN | All Weights       |
|-----------------------------------|-------------------|
| Mats Open for Warm-Up             | 8:00 am – 9:00 am |
| Wrestling Tournament              | 9:00 am – 1:00 pm |

### LUNCH BREAK 1:00 pm - 2:00 pm

| SESSION 3 - HIGH SCHOOL FEMALE OPEN | All Weights          |
|-------------------------------------|----------------------|
| Mats Open for Warm-Up               | 1:15 pm – 2:00 pm    |
| Wrestling Tournament                | 2:00 pm - completion |

\*\*\* Please note times may be adjusted depending on pre-registration numbers.