Lethbridge Wrestling

Green and Gold JR Tourney

# DATE: Saturday December 6th, 2025

VENUE: 1st Choice Savings Centre for Sport & Wellness

University of Lethbridge - 23 Pronghorn Way West

ENTRY FEE: $30.00/wrestler – cash, *cheque (payable to Lethbridge Amateur Wrestling Association) or e-transfer (paylawa@gmail.com)*

LETTER OF INTENT: Please e-mail a letter of intent by November 15th to [alan.hansen70@gmail.com](mailto:alan.hansen70@gmail.com) if your team wishes to attend our tournament. In the e-mail, please include your team’s name, # of males and #of females that are planning to attend.

WEIGH-INS: At home weigh-in Wednesday December 3rd, before 9:00 PM

ENTRY PROCEDURE: Coaches will be responsible for entering athletes directly into

TrackWrestling, before Wednesday December 3rd, 9:00 PM

Please contact Jane burns at [aawofficials@gmail.com](file:///C:\Users\hamme\OneDrive\Documents\Lethbridge%20Amateur%20Wrestling%20Assoicaition\LCI%20Green%20&%20Gold\2025%20LCI%20Green%20&%20Gold\aawofficials@gmail.com) for TrackWrestling registration Link.

WEIGHT CLASSES: Alberta Winter Games Weight Divisions will be use.

This tournament will determine Zone 1 representatives and they will be required to weigh-in after the event to confirm their placement on the zone 1 team.

**MALE:** 34-37, 40, 43, 47, 51, 55, 60, 65, 70, 76, 83, 83-95kg

**FEMALE:** 39-42, 46, 51, 56, 60, 65, 72, 80kg

WRESTLING TIMES: **9:00am wrestling starts**

AWARDS: Medals for 1st, 2nd, and 3rd in each category.

SKIN CHECKS: Skin checks will be done on the coach’s honour, and we reserve the right to remove any athlete that competes with a skin infection. Medical staff will be on site, to make the final decisions.

TOURNAMENT RULES: **Wrestling Canada Lutte Bantam Rules (BORN 2011-2013)**