



Mitch Ostberg
Wrestling Head Coach
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September 16, 2024

Dear Coach,

I would like to invite your team to the University of Calgary Dinos Invitational Wrestling Tournament on Saturday, October 19, 2024. Please see the attached tournament document for detailed information.

We will be competing in two sessions, morning and afternoon. All matches and awards for a weight will be completed within the session. I'll email the weight class distribution in advance, once track wrestling registration is complete, so you can inform your team.

For at home weigh ins, coaches please supervise weigh-ins personally and have your medical or training staff inspect all athletes for contagious skin infection. Please do not enter any athlete with a contagious skin infection. Can West requires an on-sight skin check before tournaments so that will occur at 8am mat side in Red Gym. As Tournament Director, I reserve the right to remove any athlete from this competition that the Tournament Doctor deems to be a risk to others for infectious transfer.

Only wrestlers declared as varsity team are allowed to wear team-coloured singlets. All other athletes must wear red and blue singlets as per WCL rules. When you enter your team on track, please be very clear which athletes are USport eligible (are varsity athletes) and which are club athletes. Varsity team members only score team points towards the varsity team title. No club team award will be offered.

All entry fees should be paid using debit, credit, or cash at the draw masters table on the floor of the tournament. Please pay them in advance of the tournament start. If you must use a cheque, then make it out to the Calgary Heat Wrestling Society. Receipts will be available. Coaches and officials' lunch will be provided.

Dinos dual meets are on Friday October 18 in the evening at 6 - 8pm in Red Gym. Please contact me a week in advance to arrange access for your team.

Sincerely,
Mitch Ostberg
Tournament Director

Use Dinos Athletics host hotels for university preferred rates.

Four Points Sheraton, 8220 Bowridge Cres. NW, link: [Dinos host hotel for visiting teams](#)

Best Western Village Park Inn, 1804 Crowchild Trail NW, link: [Dinos host hotel alternate](#)

Aloft Calgary University, 2359 Banff Trail NW, link: [Aloft Calgary University](#)

Call Sara at (403) 202-4405 or email: sales@fourpoints-calgary.ca for all reservations at above.

Closest and newest: **Alt Hotel Calgary** in University District, 482 McLaurin St, NW, link: [Alt Hotel](#)



DINOS INVITATIONAL WRESTLING TOURNAMENT SATURDAY, OCTOBER 19, 2024

- Location:** Red Gym, “A” Block, Faculty of Kinesiology
The University of Calgary, 2500 University Dr. NW, Calgary
- Divisions:** Men’s & Women’s combined then split into two sessions
- Start Time:** 8 AM Skin Check, 9 AM - Session one, 1PM - Session two
- Entry Fee:** \$40.00 per athlete
- Weigh-Ins:** At home, coach supervised, anytime on Thursday, October 17.
- Weights:** Athletes have a 2 kilogram allowance at weigh in.
- Men’s USport weights in kilograms and an **exhibition 54**
54, 57, 61, 65, 68, 72, 76, 82, 90, 100, 100 to 125
- Women’s USport weights in kilograms and an **exhibition 93**
50, 53, 56, 59, 62, 65, 68, 72, 76, 76 to 83, 83-93
- Athletes can only wrestle one weight class.**
- Registration:** Coaches will be responsible for entering athletes directly into TrackWrestling. A registration link will be sent out to all invited programs from our drawmaster.
- Rules & Draw:** Freestyle per WCL rules with double elimination bracket.
- Awards:** Top 3 places per weight class and Varsity Team Titles.
- Contact:** Mitch Ostberg, Tournament Director
Phone (403) 815-2629 cell
Email: ostberg@ucalgary.ca