



Mitch Ostberg
Wrestling Head Coach
Cell: (403) 815 2629
Email: ostberg@ucalgary.ca

September 12, 2023

Dear Coach,

I would like to invite your team to the University of Calgary Dinos Invitational Wrestling Tournament on Saturday, October 21, 2023. Please see the attached tournament document for detailed information.

We will be competing in two 3-hour sessions. All matches and awards for a weight will be completed within the session. I'll distribute the weight class distribution in advance so you can inform your team.

Coaches please supervise weigh-ins personally and have your medical or training staff inspect all athletes for contagious skin infection. Please do not enter any athlete with a contagious skin infection. As Tournament Director, I reserve the right to remove any athlete from this competition that the Tournament Doctor deems to be a risk to others for infectious transfer.

Only wrestlers declared as varsity team are allowed to wear team-coloured singlets. All other athletes must wear red and blue singlets as per WCL rules. When you send your registration, please be very clear which athletes are USport eligible (are varsity athletes) and which are club athletes. Varsity team members only score team points towards the varsity team title. No club team award will be offered.

All entry fees should be paid using debit, credit, or cash at the drawmasters table on the floor of the tournament. Please pay them in advance of the tournament start. If you must use a cheque then make it out to the Calgary Heat Wrestling Society. Receipts will be available.

Dinos dual meets are on Friday October 20 in the evening at 6 - 8pm in Red Gym. Please contact me a week in advance to arrange access for your team.

Sincerely,
Mitch Ostberg
Tournament Director

Use Dinos Athletics host hotels for university preferred rates. See attachment for details

Four Points Sheraton, 8220 Bowridge Cres. NW, link: [Dinos host hotel for visiting teams](#)

(Closest) Best Western Village Park Inn, 1804 Crowchild Trail NW, link: [Dinos host hotel alternate](#)

(Newest) Aloft Calgary University, 2359 Banff Trail NW, link: [Aloft Calgary University](#)

Call Sara at (403) 202-4405 or email: sales@fourpoints-calgary.ca for all reservations.



DINOS INVITATIONAL WRESTLING TOURNAMENT SATURDAY, OCTOBER 21, 2023

- Location: **Red Gym**, “A” Block, Faculty of Kinesiology
The University of Calgary, 2500 University Dr. NW, Calgary, AB.
- Divisions: Men’s & Women’s combined then split into two sessions
- Start Time: 9 AM for Session I, 1 PM for Session II
- Entry Fee: \$40.00 per athlete
- Weigh-Ins: At home, coach supervised, anytime on Thursday, October 19.
- Weights: Athletes have a 2 kilogram allowance at weigh in.
- Men’s USport weights in kilograms and an **exhibition 54**
54, 57, 61, 65, 68, 72, 76, 82, 90, 100, 100 to 125
- Women’s USport weights in kilograms and an **exhibition 93**
50, 53, 56, 59, 62, 65, 68, 72, 76, 76 to 83, 83-93
Athletes can only wrestle one weight class.
- Registration: Coaches will be responsible for entering athletes directly into TrackWrestling. A registration link will be sent out to all invited programs from our drawmaster.
- Rules & Draw: Freestyle per WCL rules with double elimination bracket.
- Awards: Top 3 places per weight class and Top Varsity Team Awards.
- Contact: Mitch Ostberg, Tournament Director
Phone (403) 815-2629 cell
Email: ostberg@ucalgary.ca



DINOS INVITATIONAL WRESTLING TOURNAMENT

Saturday, October 21, 2023

Pre-registration form

We plan to attend (yes/no) _____

School/Club: _____

Coach: _____ Phone: _____

Please record the numbers of wrestlers you will enter per weight:

Men entered per weight:

Ex54 ___ 57 ___ 61 ___ 65 ___ 68 ___ 72 ___ 76 ___ 82 ___ 90 ___ 100 ___ 100-125 ___

Women entered per weight:

50 ___ 53 ___ 56 ___ 59 ___ 63 ___ 67 ___ 72 ___ 76 ___ 76-83 ___ **83-93(Ex)** ___

I would like exhibition matches for my athletes on Friday night 6-8pm (yes | no) _____

Describe which athletes and how many matches. _____

I would like exhibition duals for my team on Friday night 6-8pm (yes | no) _____

Describe which team and how many duals. _____

Please return to:

Mitch Ostberg, Dinos Wrestling Head Coach

Faculty of Kinesiology, KNA 136

2500 University Dr. NW

Calgary, AB. T2N 1N4

Or

Email: ostberg@ucalgary.ca

Please return by: **Friday, October 13**